

Going to [principal axes] of rigid body

— Suppose we choose arbitrarily the body set of axes to begin with (with fixed point in body, P , being origin)

— Then, in general, inertia tensor (\vec{I}) with λ elements:

$$I_{ab} = \sum_i m_i \left[|\vec{r}_i|^2 \delta_{ab} - (r_i)_a (r_i)_b \right] \dots (1)$$

\uparrow
points/particles
in body

will be off-diagonal. (origin still at P)

— Can we find another set of body axes such that inertia tensor is diagonal?

— First, let us determine how \vec{I} transforms when we perform an arbitrary rotation of body axes (again, both axes are moving with the body), i.e., in terms of unit body-frame vectors, we have (schematically) ← same as O^{-1}

$$\vec{e}_{\text{new}} = O \cdot \vec{e}_{\text{old}}, \text{ where } O^T O = \mathbb{1} \dots (2)$$

i.e., O is 3×3 orthogonal matrix

— For position vector of a point in the body, we get

$$\vec{r} = \sum_a r_a^{\text{new}} \vec{e}_{\text{new} \lambda}^a = \sum_a r_a^{\text{old}} \vec{e}_{\text{old} \lambda}^a \dots (3)$$

— Using inverse of $\lambda(2)$, i.e., $\vec{e}_{\text{old}} = O^T \vec{e}_{\text{new}}$ or

explicitly $(\bar{e}_{old})_a = (O^T)_{ab} (\bar{e}_{new})_b = O_{ba} (\bar{e}_{new})_b$,
 in Eq. (3), we get

$$\sum_a r_a^{new} \bar{e}_{new} a = \sum_a r_a^{old} O_{ba} (\bar{e}_{new})_b$$

$\leftarrow a, b \text{ are dummy indices}$

$$= \sum_b r_b^{old} O_{ab} (\bar{e}_{new})_a$$

— Matching coefficient of $(\bar{e}_{new})_a$ on 2 sides gives

$$r_a^{new} = \sum_b r_b^{old} O_{ab} \dots (4)$$

— Now, inertia tensor with respect to new body axes is given by Eq. (1), but with r_{new} , i.e., ... (5)

$$(I_{new})_{ab} = \sum_i m_i \left[|\bar{r}_{new} i|^2 \delta_{ab} - (r_{new}^i)_a (r_{new}^i)_b \right]$$

— Clearly $|\bar{r}_{new} i|^2 = |\bar{r}_{old} i|^2$ and $\delta_{ab} = (O O^T)_{ab} = O_{ac} (O^T)_{cb} = O_{ac} \delta_{cd} (O^T)_{db}$.

— Using above 2 relations in 1st term of Eq. (5) and Eq. (4) ^{twice} in 2nd term, we get

$$(I_{new})_{ab} = \sum_i m_i \left[|\bar{r}_{old} i|^2 O_{ac} \delta_{cd} (O^T)_{db} - \underbrace{(r_{old}^i)_c}_{r_{new}^i} O_{ac} \underbrace{(r_{old}^i)_d}_{r_{new}^i} O_{bd} \right] r_b^{new}$$

$$= O_{ac} (I_{old})_{cd} (O^T)_{db}, \text{ i.e., } \overset{\Leftrightarrow}{I_{new}} = O \overset{\Leftrightarrow}{I_{old}} O^T \dots (6)$$

— Finally, since $\overset{\Leftrightarrow}{I_{old}}$ is symmetric, it can be diagonalized by orthogonal transformation, i.e., there exists O_I :

$$\mathbf{D}_I \overset{\Leftrightarrow}{I_{old}} O_I^T = \text{diag}(I_1, I_2, I_3) \dots (7) \quad [O_I O_I^T = \mathbf{1}]$$

(arbitrary thus far) (specific)

— Setting O_I in Eq. (6) equal to O_I of Eq. (7) gives

$$\overset{\Leftrightarrow}{I_{new}} = \text{diag}(I_1, I_2, I_3) \text{ as desired}$$