

Wave formalism $\omega = 2\pi f$ $k = \frac{2\pi}{\lambda}$ $v_{phase} = \frac{\omega}{k}$ $v_{group} = \left. \frac{d\omega}{dk} \right|_{k_0}$
 $v_{group} = v_{phase} \Big|_{k_0} + k \left. \frac{dv_{phase}}{dk} \right|_{k_0}$ $\Delta x \Delta k \approx 1$ $\Delta t \Delta \omega \approx 1$

Matter waves $E = hf$ $\lambda = \frac{h}{p}$ $v_{phase} = c \sqrt{1 + \left(\frac{mc}{\hbar k} \right)^2}$

Uncertainty principle $\Delta x \Delta p_x \geq \frac{\hbar}{2}$ $\Delta E \Delta t \geq \frac{\hbar}{2}$

Schrödinger equation $-\frac{\hbar^2}{2m} \frac{d^2\psi(x)}{dx^2} + U(x)\psi(x) = E\psi(x)$

Probabilities & Normalization $P_{[a,b]} = \int_a^b |\psi(x,t)|^2 dx$ $\int_{-\infty}^{\infty} |\psi(x,t)|^2 dx = 1$

Particle in a box $E_n = \frac{n^2 \pi^2 \hbar^2}{2mL^2}$ $\psi_n(x) = \sqrt{\frac{2}{L}} \sin\left(\frac{n\pi x}{L}\right)$ $n = 1, 2, 3, \dots$

Harmonic oscillator $[H_{oscillator}] = -\frac{\hbar^2}{2m} \frac{d^2}{dx^2} + \frac{1}{2} m \omega^2 x^2$
 $E_n = \left(n + \frac{1}{2} \right) \hbar \omega$ $n = 0, 1, 2, \dots$ $\psi_0(x) = \left(\frac{m\omega}{\pi \hbar} \right)^{1/4} e^{-\frac{m\omega}{2\hbar} x^2}$ (ground state)

Expectation values $\langle Q \rangle = \int_{-\infty}^{\infty} \psi^*(x) Q \psi(x) dx$ $\Delta Q = \sqrt{\langle Q^2 \rangle - \langle Q \rangle^2}$

Operators $\langle x \rangle = x$ $\langle p \rangle = \frac{\hbar}{i} \frac{\partial}{\partial x}$ $\langle H \rangle = -\frac{\hbar^2}{2m} \frac{\partial^2}{\partial x^2} + U(x)$

Integrals and Identities

$$\int_0^{\infty} u^2 e^{-\beta u^2} du = \frac{1}{4\beta} \sqrt{\frac{\pi}{\beta}} \quad \int_0^{\infty} u^3 e^{-\beta u^2} du = \frac{1}{2\beta^2} \quad \int_0^{\infty} u^4 e^{-\beta u^2} du = \frac{3}{8\beta^2} \sqrt{\frac{\pi}{\beta}}$$

$$\sin 2\theta = 2 \sin \theta \cos \theta \quad \sin^2 \theta = \frac{1}{2}(1 - \cos 2\theta) \quad \cos^2 \theta = \frac{1}{2}(1 + \cos 2\theta)$$