Consider a single spring with rest length $L_{0}$ and spring constant $k$ as shown at the right. If we pull on it from opposite sides with a tension $T$ is stretches by $\Delta L$ where $T=k \Delta L$.

Suppose two such identical springs are
 connected as shown. How much would they stretch if pulled by a tension force T?
A. $L_{0}$
B. $\Delta L$
C. $2 \Delta L$
D. $\Delta L / 2$
E. Something else

If we consider the springs in the dotted box to be a single effective spring, what should we take for its spring constant? (Each individual spring has a spring constant $=k$.)

A. $k_{\text {eff }}=k$
B. $k_{\text {eff }}=2 k$
C. $k_{\text {eff }}=k / 2$
D. Something else

