

1. *The 21 cm line:*

- (a) Which type of multipole interaction dominates the $F = 1$ to $F = 0$ decay of the hyperfine of the ground state of hydrogen (a.k.a. the 21 cm line)? Why?
- (b) Compute the decay rate for each of the three starting m_F values. (You may use a general formula, but should evaluate the relevant matrix element.) What is the lifetime in years? (The rate is the same for all three m_F . This is a consequence of spherical symmetry, but doesn't quite seem obvious to me, because the states with different m values are not related by rotations.)
- (c) Suppose the initial state has $m_F = 1$. Calculate the polarization of the emitted photon if its wavevector is in the direction (i) \hat{z} , (ii) $-\hat{z}$, (iii) \hat{x} .

2. This problem concerns spontaneous dipole transitions of a hydrogen atom.

- (a) Make an argument using dimensional analysis and basic physics to determine how the total rate Γ for an electric dipole transition of hydrogen depends upon e , c , \hbar , the frequency ω of the emitted photon, and the dipole matrix element $\mathbf{d} = \langle f | \mathbf{r} | i \rangle$. **Explain your logic.**
- (b) Use your result from part 2a to make an order of magnitude estimate of the rate for the transition $2p \rightarrow 1s$. Next, compare this with the rate for the transitions $2p_{3/2} \rightarrow 2s_{1/2}$ and $2s_{1/2} \rightarrow 2p_{1/2}$. (The $2p_{3/2}-2s_{1/2}$ fine structure energy splitting is of order α^2 Rydbergs, and the $2s_{1/2}-2p_{1/2}$ Lamb shift is about ten times smaller than that.)

Possibly useful information:

$$\alpha = e^2/\hbar c \simeq 1/137$$

$$\hbar \simeq 2/3 \text{ eV-fs (1 fs = } 10^{-15} \text{ s)}$$

$$1 \text{ Rydberg} = 13.6 \text{ eV}$$

3. This problem concerns spontaneous decay of an excited state of hydrogen with the emission of one photon with momentum $\hbar\mathbf{k}$ and polarization vector ϵ with $\mathbf{k} \cdot \epsilon = 0$. The probability amplitude for such a transition between atomic states $|i\rangle$ and $|f\rangle$ is proportional to the dimensionless matrix element $\langle f | (M_{orb} + M_{spin}) | i \rangle$ with

$$\langle f | M_{orb} | i \rangle = \frac{1}{mc} \epsilon^* \cdot \langle f | \mathbf{p} e^{-i\mathbf{k} \cdot \mathbf{r}} | i \rangle \quad (1)$$

$$\langle f | M_{spin} | i \rangle = \frac{i}{mc} (\mathbf{k} \times \epsilon^*) \cdot \langle f | \mathbf{S} e^{-i\mathbf{k} \cdot \mathbf{r}} | i \rangle \quad (2)$$

where \mathbf{r} is the position vector of the electron, \mathbf{p} is the momentum, and \mathbf{S} is the spin.

- (a) Show that, for the $2p \rightarrow 1s$ transition, $\langle 1s | (M_{orb} + M_{spin}) | 2p \rangle$ is of order α , where $\alpha = e^2/\hbar c \approx 1/137$ is the fine structure constant. (This leads to a lifetime of order 10^{-9} s for the $2p$ state.)

The $2s$ state has a much longer lifetime, of order $1/7$ s, because many types of transitions are forbidden. The remaining parts of this problem explore this phenomenon.

- (b) Show that $\langle 1s | M_{orb} | 2s \rangle = 0$.
- (c) Consider the expansion of the spin transition matrix element $\langle f | M_{spin} | i \rangle = \sum_{n=0}^{\infty} (1/n!) \langle f | M_{spin}^{(n)} | i \rangle$, with $\langle f | M_{spin}^{(n)} | i \rangle = \frac{i}{mc} (\mathbf{k} \times \boldsymbol{\epsilon}^*) \cdot \langle f | \mathbf{S} (-i\mathbf{k} \cdot \mathbf{r})^n | i \rangle$. Show that $\langle 1s | M_{spin}^{(n)} | 2s \rangle$ is zero for $n = 0, 1$ but non-zero for $n = 2$.
- (d) Estimate the order of magnitude of $\langle 1s | M_{spin}^{(2)} | 2s \rangle$ in powers of α .
- (e) Using parts 3a and 3d estimate the lifetime of the 2s state assuming the transition proceeds via the matrix element $\langle 1s | M_{spin}^{(2)} | 2s \rangle$.
- (f) The actual lifetime (1/7 s) is much shorter than the lifetime you should have obtained in part 3e. Can you think of a reason? (It is *not* that the atom first decays via the allowed $2s_{1/2} \rightarrow 2p_{1/2}$ dipole transition. Why?)