

Harmonic oscillator expectation values

(P1) / P401

$$a \equiv \left(\frac{m\omega}{2\hbar}\right)^{1/2} \left(x + \frac{i}{m\omega} p\right), \quad a^\dagger \equiv \left(\frac{m\omega}{2\hbar}\right)^{1/2} \left(x - \frac{i}{m\omega} p\right)$$

HW#5

$$\Rightarrow x = \left(\frac{\hbar}{2m\omega}\right)^{1/2} (a^\dagger + a), \quad p = i \left(\frac{\hbar m\omega}{2}\right)^{1/2} (a^\dagger - a)$$

Fall 07

We want $\langle x \rangle, \langle p \rangle, \langle x^2 \rangle, \langle p^2 \rangle$ in n^{th} stationary state. So:

$$\langle n|x|n \rangle = \langle n|(a^\dagger + a)|n \rangle \cdot \left(\frac{\hbar}{2m\omega}\right)^{1/2}$$

Now using $a|n\rangle = \sqrt{n}|n-1\rangle$, and $a^\dagger|n\rangle = \sqrt{n+1}|n+1\rangle$, where $|n\rangle$ is the ket corresponding to the n^{th} state.

$$\begin{aligned} \text{So } \langle n|x|n \rangle &= \left\{ \langle n|a^\dagger|n \rangle + \langle n|a|n \rangle \right\} \left(\frac{\hbar}{2m\omega}\right)^{1/2} \\ &= \left\{ \langle n|\sqrt{n+1}|n+1\rangle + \langle n|\sqrt{n}|n-1\rangle \right\} \left(\frac{\hbar}{2m\omega}\right)^{1/2}, \text{ note } \langle n|m \rangle = \delta_{m,n} \\ &= 0 \quad \text{since } \langle n|n+1\rangle = 0, \langle n|n-1\rangle = 0. \end{aligned}$$

So $\langle n|x|n \rangle = 0$

Similarly for $\langle p \rangle_n = i \left(\frac{\hbar m\omega}{2}\right)^{1/2} \langle n|a^\dagger - a|n \rangle = i \left(\frac{\hbar m\omega}{2}\right)^{1/2} \left(\langle n|n+1\rangle \sqrt{n+1} - \langle n|n-1\rangle \sqrt{n} \right)$

$\Rightarrow \langle n|p|n \rangle = 0$

Now $x^2 = \left[\left(\frac{\hbar}{2m\omega}\right)^{1/2} (a + a^\dagger) \right]^2 = \frac{\hbar}{2m\omega} (a^2 + (a^\dagger)^2 + aa^\dagger + a^\dagger a)$

We want to consider $\langle n|x^2|n \rangle$. So look at

$$\langle n|a^2|n \rangle = \langle n|a|n-1\rangle \langle n|a|n-1\rangle = \sqrt{n}\sqrt{n-1} \langle n|n-2\rangle = 0$$

similarly $\langle n|(a^\dagger)^2|n \rangle = 0$.

But $\langle n|a^\dagger a|n \rangle = \sqrt{n+1} \langle n|a|n+1\rangle = (n+1) \frac{\langle n|n+1\rangle}{\langle n|n \rangle} = (n+1)$.

$$\begin{aligned} \langle n|a^\dagger a|n \rangle &= \sqrt{n} \langle n|a^\dagger|n-1\rangle \\ &= \sqrt{n}\sqrt{n} \langle n|n \rangle = n. \end{aligned}$$

So putting it all together, $\langle n|x^2|n \rangle = \frac{\hbar}{2m\omega} ((n+1) + n)$

$\langle n|x^2|n \rangle = \frac{\hbar}{2m\omega} (2n+1)$

Now $\langle n | p^2 | n \rangle$ is very similar.

$$p^2 = -\frac{\hbar m \omega}{2} (a^2 + (a^\dagger)^2 - a a^\dagger - a^\dagger a)$$

So $\langle n | p^2 | n \rangle = \frac{\hbar m \omega}{2} (2n+1)$

So now $\sigma_p^2 = \frac{\hbar m \omega}{2} (2n+1)$, $\sigma_x^2 = \frac{\hbar}{2m\omega} (2n+1)$

and $\sigma_p^2 \sigma_x^2 = \frac{\hbar^2}{4} (2n+1)^2$.

Clearly, this saturates $\sigma_p^2 \sigma_x^2 \geq \frac{\hbar^2}{4}$ when $n=0$, that is, in the ground state.

Coherent States

① $[A, B^2] = AB^2 - B^2A = AB \cdot B - \underbrace{BA \cdot B + BA \cdot B}_{\text{add 0}} - B \cdot BA$
 $= [A, B] B + B [A, B]$ qed.

② ~~show $[a, a_-]$, $[a, a_+]$~~ show $[a, (a^\dagger)^n] = n a (a^\dagger)^{n-1}$

~~$[a, (a^\dagger)^n]$~~ Use a test function, $|m\rangle$.

$$[a, (a^\dagger)^n] |m\rangle = a (a^\dagger)^n |m\rangle - (a^\dagger)^n a |m\rangle$$

So $a ((m+1) \dots (m+n))^{1/2} |m+n\rangle = a (a^\dagger)^n |m\rangle$

$(m+n) ((m+1) \dots (m+n-1))^{1/2} |m+n-1\rangle = a (a^\dagger)^n |m\rangle$

and $(a^\dagger)^n a |m\rangle = (a^\dagger)^n \sqrt{m} |m-1\rangle = n ((m+1)(m+2) \dots (m+n-1))^{1/2} |m+n-1\rangle$

So $[a, (a^\dagger)^n] |m\rangle = n \sqrt{(m+1) \dots (m+n-1)} |m+n-1\rangle$

$$= n (a^\dagger)^{n-1} |m\rangle$$

So $[a, (a^\dagger)^n] = n (a^\dagger)^{n-1}$, qed.

③ Show that ~~$\langle \lambda | \lambda \rangle = A e^{\lambda a_+} |0\rangle$~~ , (P3)

where $|\lambda\rangle$ is a coherent state ($a_- |\lambda\rangle = \lambda |\lambda\rangle$).

Work on the right-hand side:

$$e^{\lambda a_+} |0\rangle = \left(1 + \lambda a_+ + \frac{1}{2} \lambda^2 a_+^2 + \dots\right) |0\rangle$$

$$e^{\lambda a_+} |0\rangle = |0\rangle + \lambda |1\rangle + \frac{1}{2} \lambda^2 \sqrt{1 \cdot 2} |2\rangle + \frac{1}{3!} \lambda^3 \sqrt{3 \cdot 2 \cdot 1} |3\rangle + \dots$$

Now hit this with a_- . Then

$$a_- e^{\lambda a_+} |0\rangle = 0 + \lambda |0\rangle + \frac{1}{2} \lambda^2 \sqrt{2 \cdot 1} |1\rangle + \frac{1}{3!} \lambda^3 \sqrt{3 \cdot 2 \cdot 1} \cdot \sqrt{3} |2\rangle + \dots$$

$$= \lambda \left(|0\rangle + \lambda |1\rangle + \frac{1}{2!} \lambda^2 \sqrt{2 \cdot 1} |2\rangle + \dots \right)$$

$$= \lambda \left(1 + \lambda a^+ + \frac{1}{2!} \lambda^2 (a^+)^2 \right) |0\rangle$$

$$= \lambda e^{\lambda a^+} |0\rangle$$

NOTE: Technically, this only shows $|\lambda\rangle$ is coherent, but not that all $|\lambda\rangle$ can be written like that \Rightarrow (See PS)

$\Rightarrow e^{\lambda a_+} |0\rangle$ is a coherent state with eigenvalue λ .

I.e., $|\lambda\rangle = A e^{\lambda a_+} |0\rangle$, for some number A .

QED.

④ Show $A = e^{-|\lambda|^2/2}$ for a normalized $|\lambda\rangle$.

$$A^2 \langle 0 | (e^{\lambda a^+})^\dagger e^{\lambda a_+} |0\rangle = 1 \quad (\text{from } \langle \lambda | \lambda \rangle = 1)$$

$$(e^{\lambda a^+})^\dagger = \left(1 + \lambda a^+ + \frac{1}{2} (\lambda a^+)^2 + \dots \right)^\dagger = 1 + \lambda^* a + \frac{(\lambda^*)^2}{2} a^2 + \dots$$

$$= e^{\lambda^* a}$$

~~$A^2 \langle 0 | e^{\lambda^* a} |0\rangle = 1$~~

$$A^2 \langle 0 | e^{\lambda^* a} |0\rangle = 1$$

But

$$e^{\lambda^* a} |\lambda\rangle = e^{-\lambda^* \lambda} |\lambda\rangle = e^{-|\lambda|^2} |\lambda\rangle$$



④ continued

P5

$$\text{And finally, } A^2 \langle 0 | \lambda \rangle \cdot e^{H/\hbar^2} = 1$$

$$\Rightarrow A^2 e^{H/\hbar^2} \langle 0 | (|0\rangle + \lambda |1\rangle + \dots) = 1$$

$$\Rightarrow \boxed{A = e^{-H/\hbar^2/2}} \quad \text{Qed...}$$

⑤ Write $|\lambda\rangle = \sum_{n=0}^{\infty} c_n |n\rangle$. Find c_n .

This is easy (if you use orthonormality of $|n\rangle$'s):

$$\langle n' | \lambda \rangle = \sum_{n=0}^{\infty} c_n \langle n' | n \rangle = \sum_{n=0}^{\infty} c_n \delta_{n,n'} = c_{n'}$$

$$\text{But } \langle n | \lambda \rangle = A \langle n | [1 + \lambda a_+ + \frac{1}{2} \lambda^2 (a_+)^2 + \dots] | 0 \rangle$$

$$= A \frac{1}{n!} \lambda^n \sqrt{n \cdot (n-1) \cdot \dots \cdot (1)} \langle n | n \rangle$$

$$\boxed{c_n = \langle n | \lambda \rangle = e^{-|\lambda|^2/2} \frac{\lambda^n}{\sqrt{n!}}$$

#3 continued

We've shown that $|\lambda\rangle = A e^{\lambda a_+} |0\rangle$ is a coherent state.

Next, we can show that any coherent state can be written in that form.

$a_- |\lambda\rangle = \lambda |\lambda\rangle$ for any coherent state.

$|\lambda\rangle = \sum_n c_n |n\rangle$ for harmonic oscillator eigenstates $|n\rangle$, $c_n = \langle n | \lambda \rangle$.

$$\begin{aligned} \text{Now } a_- |\lambda\rangle &= \sum_n c_n a_- |n\rangle = \sum_n c_n \sqrt{n} |n-1\rangle = \sum_n c_n \sqrt{n} \frac{(a_+)^{n-1}}{\sqrt{(n-1)!}} |0\rangle \\ &= \lambda \sum_n c_n |n\rangle = \lambda \sum_n c_n \frac{(a_+)^n}{\sqrt{n!}} |0\rangle \end{aligned}$$

$$\text{So } \sum_n c_n \sqrt{n} \frac{(a_+)^{n-1}}{\sqrt{(n-1)!}} |0\rangle = \sum_n \lambda c_n \frac{(a_+)^n}{\sqrt{n!}} |0\rangle$$

$$\sum_n c_{n+1} \sqrt{n+1} \frac{(a_+)^n}{\sqrt{n!}} |0\rangle = \sum_n \lambda c_n \frac{(a_+)^n}{\sqrt{n!}} |0\rangle$$



So we have to solve the recurrence relation

(P6)

$$\lambda c_n = c_{n+1} \sqrt{n+1}$$

This is easy: $c_n = \frac{\lambda^n}{\sqrt{n!}} c_0$, where c_0 is the "seed" (i.e., first #) in the series. (Can be proved by induction...).

So we see that

$$|\lambda\rangle = \sum c_0 \frac{\lambda^n}{n!} |n\rangle = A e^{\lambda a^\dagger} |0\rangle, \text{ where } A = c_0.$$

So we've shown that any $|\lambda\rangle$ which is a coherent state can be written as $|\lambda\rangle = A e^{\lambda a^\dagger} |0\rangle$, and also that $A e^{\lambda a^\dagger} |0\rangle$ is itself a coherent state. (I know, a bit redundant...).
